



RESEEDING ECONOMY

Growing Trends

As the economy continues to bump around the bottom of the barrel, I've been thinking more and more about what we can do to have some positive impact on our own lives and environment.

"Dirt Cheap" food is one way to fight our economic woes. Consider that a tomato plant costing under \$1.00 can produce 30-40 tomatoes per season, which at an average cost in the grocery store of \$0.75 each will yield over 2000% on your investment.

A 30' x 30' garden can produce enough food for one person for a year, but even a plot of 12 square feet (3' x 4') can provide a lot of food if you plant successive crops.

I believe that growing food for ourselves is one way we can fight the recession and help our environment:

1. Produce better tasting food at reduced cost
2. Eat fresher food while reducing the energy used in shipping it to us
3. Know what we are eating.

We have been working on our vegetable garden, tilling organic material into the soil, and planting many seeds – peppers, tomatoes, eggplants, and of course, herbs. We're growing more plants than we need for ourselves, and so will have some for sale to those of you interested, as we are, in having veggies grown without harmful chemicals.

If you are interested in the political and economic issues surrounding food, check out Michael Pollan and his books. And read his editorial in the *NY Times*. (Clickable links to various items of interest are below.)

Hungrihly,
Kathy



The star magnolias are blooming along the driveway at White Wagon Farm

What's Now at the Farm

- New patio trellis pots ready to plant with tomatoes, eggplant, peppers, or clematis, dwarf ivy or anything that needs a trellis for support.
- Terracotta planters, including low bowls for planting dwarf conifers, succulent dish gardens, color bowls, or herb planters.
- Fruiting plants including blueberries, blackberries, raspberries, and grapes.
- Dwarf conifers and dwarf elms for rock gardens, containers, or as additions to your perennial beds.
- Roses – Knockouts in original cherry red (single and double); pink (single and double); rainbow (pink to peachy) and yellow. And New Dawn climbers, Oso Easy Paprika and Peachy Cream spreaders, and many more.
- Perennials – Hostas, ferns, hellebores, ground covers, and celandine poppies for shade; catmint, yarrow, echinacea, rudbeckia, daylilies, iris, etc. for sun.
- Flowering shrubs – hydrangeas of many sorts, flowering quince, caryopteris, spirea, lilacs, altheas, buddleas, etc.
- Japanese Maples – red or green, lace leaf or regular leaf, upright or weeping, green trunked or coral – something to strike your fancy.
- Herbs – So many herbs are ready to plant now. Don't think you can't start planting just because basil needs warm nights. Ready now: chives, rosemary, lavender, thyme, mint, feverfew, cilantro, parsley, salad burnet, borage, comfrey, oregano, sage, and many others.

I found a great chart of culinary herbs in an old Herb Companion magazine (Dec/Jan 2002) and have attached it to this email. I hope you find it useful.

Nursery & Gallery Hours

Mar - May
Monday – Saturday
9:00 – 5:00
Sunday 1:00 – 5:00

Sage House Gallery Corner

Mark your calendars. White Wagon Farm's **Art in the Garden – Spring Edition** is coming soon: **April 17 – 18**. More details in next month's newsletter.